

## **Grown up prayers - Week 3 - What is true freedom?**

### **Getting started**

- What's your favourite film about freedom? What does freedom mean to you?

### **Getting stuck in**

Read Matthew 5 v.5-15

- What impacts you from this story and these verses?
- What part of the Lord's Prayer means the most to you right now?

Let's focus in on the issue of **forgiveness**....

- What are some of the common assumptions people make about forgiveness that may not be totally true?
- Why is forgiveness so difficult to do even though we know it's the right thing to do?

Look at some of these Bible verses about forgiveness....

1 John 1 v.9/Luke 6 v.37/Col. 3 v.13/Prov. 17 v.9

- What do these verses say?
- What do they mean?
- Why are they hard to put into practice at times?

### **Getting personal, practical and prayerful**

- How important is it to receive forgiveness from God before we can give forgiveness to others?

Spend some time asking people to be honest about this subject sharing from their past and present experiences.

Finish by praying for one another and thanking Jesus for the amazing overwhelming grace we've been given!!!

Remind everyone about our next Lifecentral midweek...

Tuesday July 4th with guest speaker - Damilola Makinde (Evangelical alliance)